



Table Group Time:

1. Take a moment to share highs and lows from the week.
2. Take time to pray for one another. Pray for joys, concerns, hopes, struggles
3. Make a list of the ways that people hurt one another:

4. Look up the following verses and write out what they teach in regards to murder:

**Genesis 4:2-10**

The first murder.  
Brother kills brother.

Jealousy

**Exodus 21:28-29**

As an owner of animals  
I'm responsible if they  
attack someone.

Accountability

**Deuteronomy 22:8**

Neglecting responsibilities  
to protect someone from  
dying.

Manslaughter

**2 Samuel 11:14-17**

An example of someone  
being set up to die.

Conspiracy

*The Fifth Commandment* You shall not murder.

Do not  
**HARM**  
or  
**HURT**  
your  
neighbor  
but  
**HELP**  
&  
**SUPPORT**  
them

5. Key Point:

*"We must harm no one, either with our hand or by deed. We must not use our tongue to instigate or counsel harm. We must neither use nor agree to use any means or methods by which another person may be injured. Finally, the heart must not be ill disposed toward anyone or wish another person ill in anger and hatred." - Martin Luther*



Proverbs 4:23  
Philippians 4:7

Guard your heart  
for it determines your  
course.

Jesus peace guards  
our hearts



Romans 12:2  
Philippians 4:8

Renew your mind  
in God's ways  
Think of Godly  
things

+ Minds



Psalms 141:3  
1 Peter 3:10

Ask God to guard  
your lips  
and keep you from  
speaking evil.



Matthew 5:22  
Ephesians 4:26

Anger, name calling  
and cursing others  
puts you in danger  
of hell.  
don't let your  
anger lead to sin