

Something to Build Our Lives On



The Ten Commandments

Table Group Time:

1. Take a moment to introduce yourself and share highs and lows from this past week.
2. Take time to pray for one another. Pray for joys, concerns, hopes, struggles.

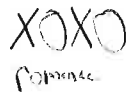
TABLE GROUP WORK:

3. As a table what do you see people building their lives on? What are their priorities?

- Popularity
- Romantic Relationships
- Intelligence
- \$\$\$
- Physical Strength + Abilities
- Beauty
- Amusement

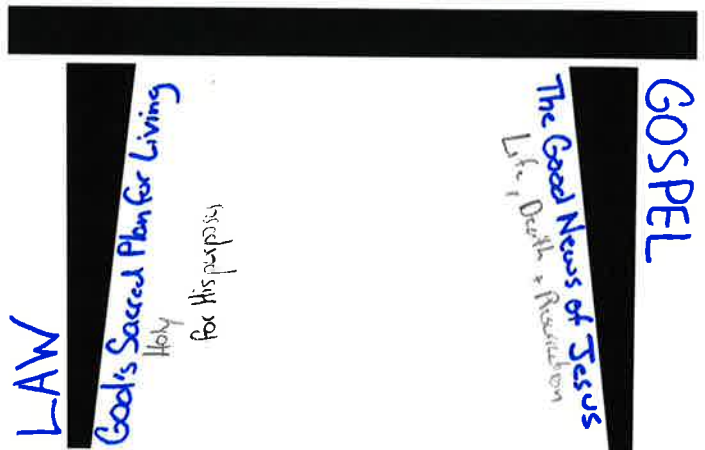
4. What do you find yourself building your life on?

Below draw pictures that represent what people are building their lives on:



5. Building our Lives on

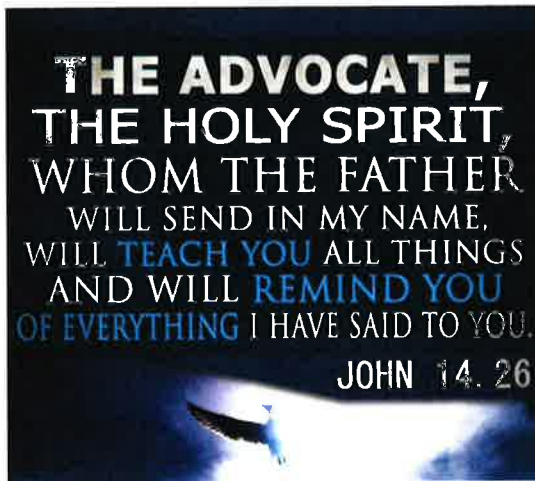
God's Word



6. Read: Philippians 4:6-8 Then finish this sentence with what you find in these verses:

Because of Jesus ...

- Don't be anxious
- Pray to God
- His peace guards my heart and mind
- I should think about excellent and praiseworthy things!



7. What is the promises we find in John 14:26?

THE HOLY SPIRIT! I am not alone!

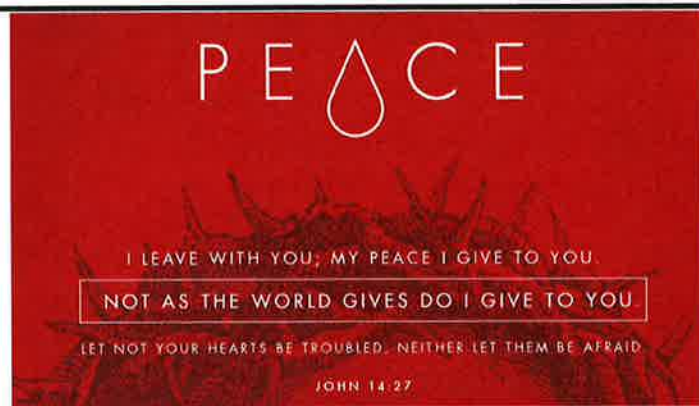
8. In your table groups make a list of what you have been taught about Jesus:

- Son of God
- Brings forgiveness + New life
- Call me brother / sister
- Saved me by his blood
- Is the way, truth, life

9. What does John 14:27 tells us we have been given?

PEACE

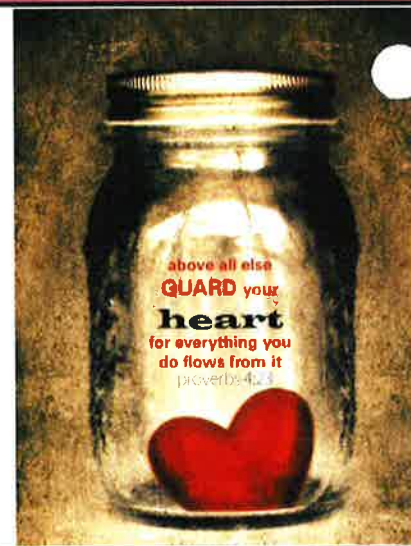
- What does this gift of peace do?
 - Gives me hope when I fail and am in trouble.
 - Removes fear of death + punishment



10. What does it mean to guard your heart?

- Allow good things in and keep junk out.
- From what I have stored in my heart are the things that come out of me ... my words ... my actions.

- Where do you need your heart guarded today?



11. How open are you to being tested by God?

- Where do you think you need testing from God? (if you need help look back on how you answered #3 and #4 from earlier)
- How can Jesus' love and faithfulness help us to be more open to God's testing?



Close with Prayer